

NOVEMBER 2018

All About Ears

Thursday, Nov. 5

Meeting at The CORE (234 E. Parkway Blvd., Coppell)

Veterans Day Lunch

Thursday, Nov 7

Meeting at Biodiversity Education Center (367 Freeport Parkway, Coppell)

*We will have a golf cart from 10a-2pm) to transport members with limited mobility

Test Your Knowledge of Medicare

Thursday, Nov. 12

Meeting at The CORE (234 E. Parkway Blvd., Coppell)

Tea & Walking Tour

Thursday, Nov. 15

Park at The CORE/Andrew Brown Park East (234 E. Parkway Blvd., Coppell)

Thanksgiving Lunch

Thursday, Nov. 19

Park at Wagon Wheel Park

*We will transport members from Wagon Wheel to Senior Center beginning at 10:30a. We will conclude with drop offs back to Wagon Wheel at 2:30pm. This will occur once the parking lot has filled up.

Supper Club: JD's BBQ & Grill

Tuesday, Nov. 20

Park at Town Center (255 Parkway Blvd, Coppell)

***All exercise classes will remain at the Senior Center.
Thursday Yoga will remain at the Senior Center.**

We will continue to do reminder calls and will have these dates on a separate calendar at the front desk.



COPPELL SENIOR & COMMUNITY CENTER AT GRAPEVINE SPRINGS

345 Bethel Rd.

972-462-5136

coppelltx.gov/seniors