



Fitness Center Reservations

We will look a little different as we reopen taking a crawl, walk, run approach. We will allow a limited number of users in our facility for Fitness only; cardio, free weights, and weight machines. Due to this, reservations will be required prior to attending The CORE. Since we have a limited number of machines and space in our facility, we want to make sure everyone can stay at a safe distance while in the facility. The Locker Rooms will be open, however the lockers will not be available, so we ask that you bring minimal items and keep them with you at all times. Your workout will be limited to one-hour where we will be closing the facility for a deep clean in-between reservations. Please be prepared to enter our facility wearing a mask while you are walking around and using the track and weight areas. You may remove your mask while using the cardio equipment.

Please be courteous to other members, if you are unable to attend your reservation call The CORE so your spot can be opened for another member.

Visit coppellactivities.com and follow the steps below to view availability and reserve a spot in the fitness center.

1. Sign into your account by clicking “Sign In” and entering your login and password credentials. If you do not have an account, click “Create an Account” and enter all required fields.
2. Scroll to the top banner over and click on the “Activities” label. In the field near the top left, type Fitness and click “Search”.
3. Click on the blue hyper link that says Fitness Room Reservations.
4. On this page you will see the available time slots. Click on the green “Enroll Now” to take you to the reservation page.

5. Select the Participant you wish to enroll. Select the slots you wish to reserve. Click “Add to Cart”. {Please limit your reservation to one per day per member.}
 - a. If another member on the same account would like to make a reservation, you can navigate back to this page and follow the same steps.
6. On the Shopping Cart page, you can confirm your reservations, acknowledge the waiver, and click “Finish”.

→ View Account Reservations

1. Log into the customer public access site and navigate to “My Account”
2. Select {Account Activity} to view reservations
3. Select the date range you want to view. Toggle the family members you wish to view schedules for to the right. Toggle “Flex Reg” to the right. Click on “View Schedule”.