



ZUMBA[®]
FITNESS IS
HERE!



Monday – 5:00 PM

Belly/Latin Fusion with Miranda Checric

Tuesday – 7:30 PM

Zumba + Abs with Sharon McCallum

Wednesday – 6:00 PM

Zumba Toning with Miranda Checric

Thursday

10:45 AM Belly/Latin Fusion with Miranda Checric

7:30 PM Zumba with Gabrelle Martin

Friday – 12:00 Noon

Zumba with Michelle Sneed

Saturday

8:00 AM Zumba with Sharon McCallum

10:30 AM Zumba Toning with Miranda Checric

Sunday – 2:00 PM

Zumba + Abs with Sharon McCallum

