

COPPELL FIRE DEPARTMENT
PHYSICAL ABILITY TEST

EVENT 1 STAIR CLIMB (3 MINUTES AT LEVEL 6)

- 1st warning (grabbing hand rail or skipping steps)
- 2nd warning (grabbing hand rail or skipping steps)
- FAILURE** (Grabbed hand rail or skipped step)
- FAILURE** (Did not complete)

- COMPLETED**

EVENT 2 KAISER SLEDGE SWING

EVENT 3 HOSE DRAG

- 1st warning (grasp hose beyond mark)
- FAILURE** (fails to go around drum or drags hose beyond drum)
- 1st warning (No knee contact with ground)
- FAILURE** (No knee contact with ground)

Allowable: Carry the nozzle any way possible
Walking
Position one knee or both knees

Candidate Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

EVENT 4 KETTLE BELL CARRY

- FAILURE** (Drops or throws kettle Bells at any time)

Allowable: Can set kettle Bells down to re-gain grip

EVENT 5 LADDER RAISE AND EXTENSION

- 1st warning (skips rungs during raise, does not use rungs)
- FAILURE** (skips rungs during raise, does not use rungs)
- FAILURE** (allows ladder to fall during raise)
- FAILURE** (does not maintain control of halyard while using hand over hand method or rope slips in uncontrolled manner)

EVENT 6 LADDER SHOULDER CARRY

- 1st warning (ladder touches ground)
- FAILURE** (ladder touches ground)
- FAILURE** (does not go around cone)
- FAILURE** (cannot put ladder back on rack)

EVENT 7 MAZE

- FAILURE** (cannot complete)

EVENT 8 RESCUE

- FAILURE** (does not go around drum)

Allowable: Grab dummy in any way
Drag dummy in any way
Stops to readjust grip or stance

MAXIMUM TIME: 10:30

TIME: _____ PASS FAIL

PROCTOR: _____

CANIDATE SIGNATURE: _____